



Parent-Child Cell Phone Agreement

I runderstand that the rules below are for my safety and that my parents love me more than anything in the work I understand that my parents want to give me freedom, while also giving me enough security to make smart choices. Initial here:
2. I promise that my parents will always know my phone passwords. I understand that my parents have a right to look at my phone whenever there's a need for them to do so, even without my permission. (add parental control Initial here:
3. I will hand the phone to one of my parents promptly at p.m. every school night and every weekend nighat p.m. I will get it back at a.m. Initial here:
4. I will not send or receive naked photos. Ever. I understand that there could be serious legal consequences tha could put my and my parents' future at risk. Initial here:
5. I will never search for porn or anything else that I wouldn't want my grandma finding. Initial here:
6. I understand that my behavior on my phone can impact my future reputation — even in ways that I am not abl to predict or see. Initial here:
7. I will tell my parents when I receive suspicious or alarming phone calls or text messages from people I don't know. I will also tell my parents if I am being harassed by someone via my cell phone. Initial here:
8. When I'm old enough, I won't text and drive. I understand it's dangerous and stupid. Initial here: (hands-free/local legal laws)
9. I will turn off, silence and put my phone away in public — especially in a restaurant, at the movies, or while speaking with another human being. I am not a rude person. I will not allow the phone to change this important part of who I am. Initial here:
10. I will NEVER use my phone to bully or tease anyone, even if others think it's funny. Initial here:
I understand that having this phone is not a right — it is a privilege that can be taken away. As such, I have read the following document and agree to the above rules. I understand that if I have any questions, I should ask.
Sign here Parent sign

Parent-Child Cell Phone Agreement - Consequences

Violation	Consequence
First time	Loss of device for 5 daysSit-down discussion
Second time	Loss of the device for one weekSit-down discussion
Third time	Loss of the device for two weeksSit-down discussion
Fourth time (or if the violation is unlawful)	 Loss of the device until further notice To regain use of the device, I should be able to make a clear case about what I will be doing differently. Consider the help of a professional counselor to help get to the underlying cause of disregard for the rules.

I understand that having this phone is not a right — it is a privilege that can be taken away. As such, I have read the above contract and agree to these consequences.

I understand that if I have any questions, I should ask.

Sign here

◆ Let's connect you to mental health care, today.

Lucet's team of behavioral health professionals are here to help you navigate your mental health journey with confidence. Whether you are looking for immediate care or do not know where to start, we will guide you through every step.

