

70% of U.S. adults experience
trauma in their lives.

13 million have PTSD
in a given year.



PTSD is not just
a “veteran disorder.”
It is rooted in *any* trauma.

Your feelings are real
and help is out there.

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June is *PTSD Awareness* Month
Visit [LucetHealth.com](https://www.LucetHealth.com) for more resources.

ND-MAR553-20230602