

APRIL IS Autism Awareness Month

Navigating the world of autism can be challenging. That's why we've provided information about autism and answers to common questions so you can get the most out of your autism insurance benefit.

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Autism Resource Center

Navigating the world of autism can be challenging. That's why we've provided information about autism and answers to common questions so you can get the most out of your autism insurance benefit.

The New Directions Autism Resource Program provides members with assistance in managing the Autism Spectrum Disorder (ASD) benefit provided by their health care policy. Care Managers, specially trained in treating ASD, assist families through the process of obtaining a diagnosis and authorizing treatment.

To take advantage of your ASD benefit, contact a New Directions Autism Resource Program care manager at 877-563-9347. For questions about your insurance plan, including services, exclusions and your payment responsibilities, please contact your health plan.

We're here for you around the clock:

Locate a Provider

Contact Us

Return to Resources

OPEN ALL

- Understand Autism
- Find Treatment and Services
- Access Services and Begin Treatment
- Parent Training
- Transition Out of Care
- Resource Center
- Glossary of Applied Behavior Analysis Terms
- Autism Awareness Toolkit

1 in 5 Children - POSTER

Bullied - POSTER

Did You Know? - POSTER

Autism Awareness - MONITOR SLIDES

Unique Joy - PERSONAL STORY

**OVER 60% OF
CHILDREN WITH AUTISM
HAVE BEEN BULLIED.***

DO YOUR PART. BE KIND.

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APRIL IS **Autism Awareness Month**

Source: Autism Speaks

**Between the ages of 6 and 15*

A woman with curly hair and sunglasses is holding a child's hand in a city setting. The background is a blurred city street with buildings and a red stop sign.

**ABOUT 1 IN 54 CHILDREN HAVE
BEEN IDENTIFIED WITH AUTISM
SPECTRUM DISORDER.**

**Let's be kind and promote
inclusion today and every day.**

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APRIL IS *Autism Awareness Month*

Source: CDC Autism and Autism and Developmental Disabilities Monitoring Network

DID YOU KNOW?

An estimated **90%** of individuals with autism are either unemployed or underemployed.

Nearly half of 25-year-olds with autism have never held a paying job.

Research demonstrates that job activities that **encourage independence** reduce autism symptoms and increase daily living skills.

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APRIL IS *Autism Awareness Month*

Source: Autsim Speaks

TIPS FOR PARENTING CHILDREN WITH SPECIAL NEEDS

Become an expert on autism – **and your child.**

Become an **advocate.**

Become an **active listener.**

Become a **balanced caregiver.**

Find and join **local support groups** or online communities.

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