

Health Behavior Assessment and Intervention

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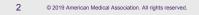
Agenda

Health Behavior Assessment and Intervention

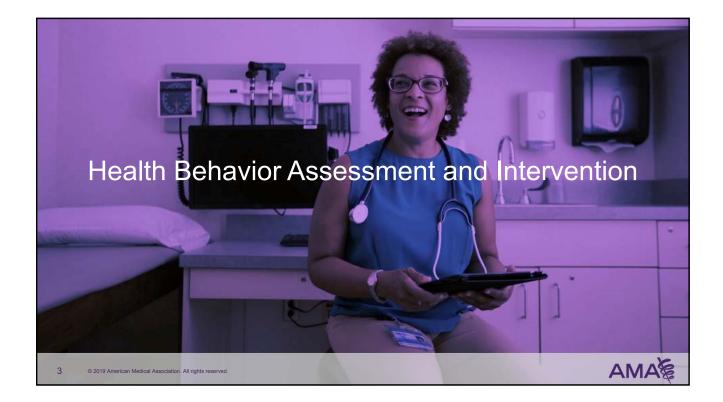
- > Deletion of 6 codes: 96150, 96151, 96152, 96153, 96154, 96155
- > Addition of 9 codes: 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171
- Addition of Guidelines

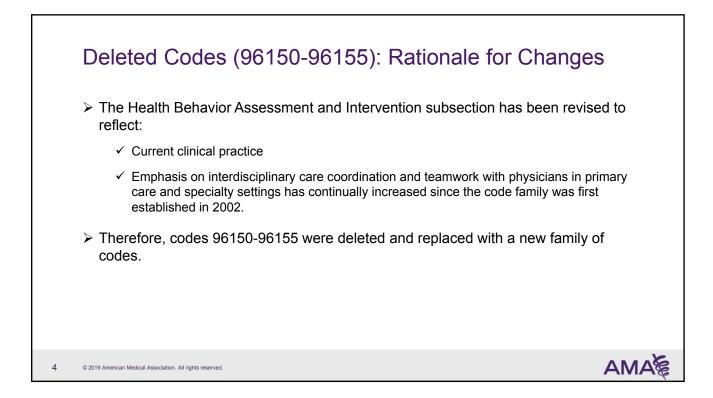
Adaptive Behavior Treatment

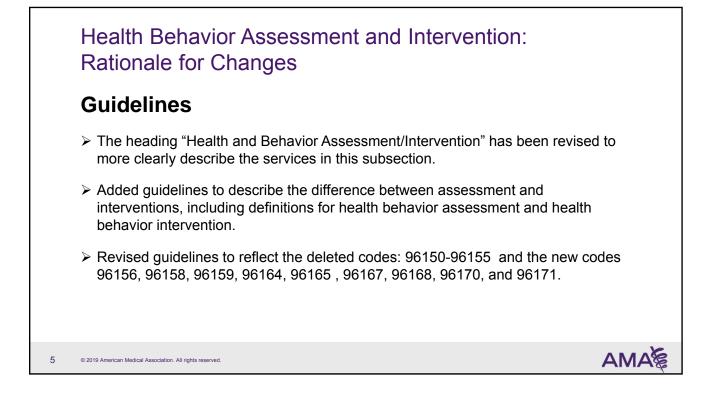
Revision of parenthetical notes to 6 codes: 97153-97158

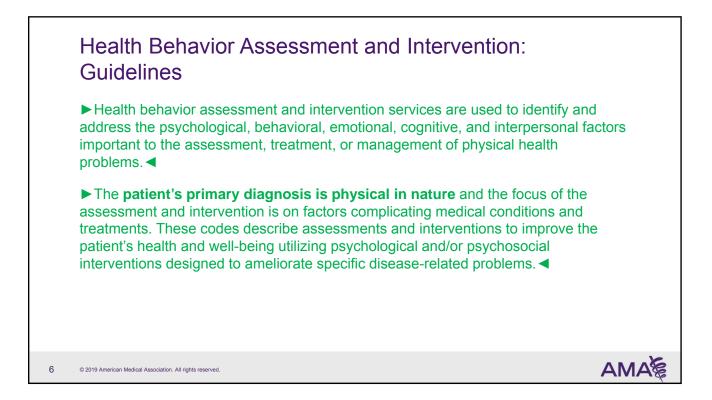


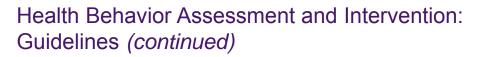








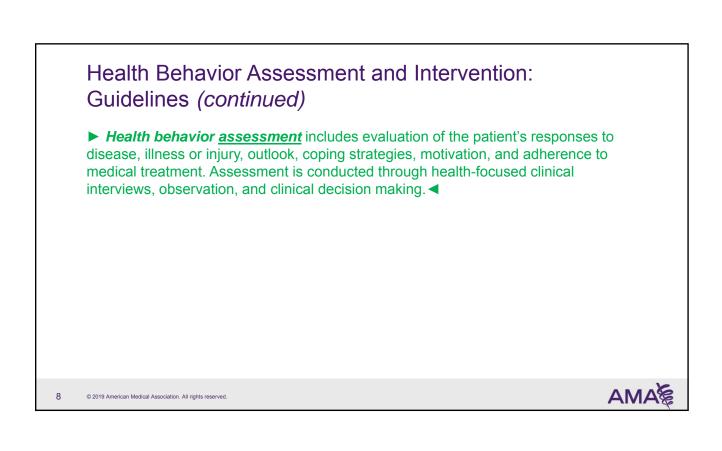




► Codes 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171 describe services offered to patients who present with primary physical illnesses, diagnoses, or symptoms and may **benefit from assessments and interventions that focus on the biopsychosocial psychological and/or psychosocial factors related to the patient's health status**. These services do <u>not</u> represent preventive medicine counseling and risk factor reduction interventions. ◄

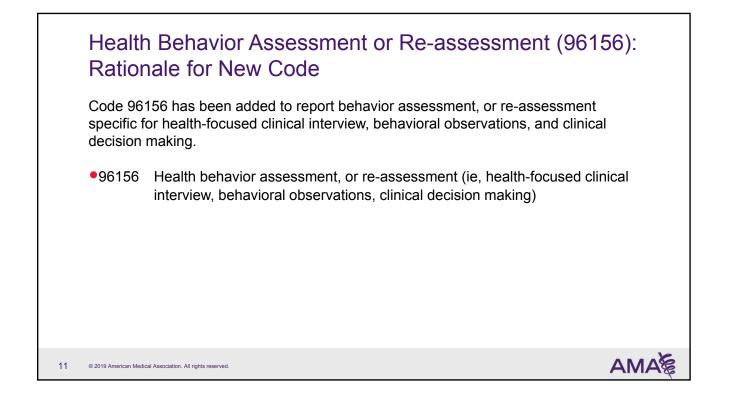
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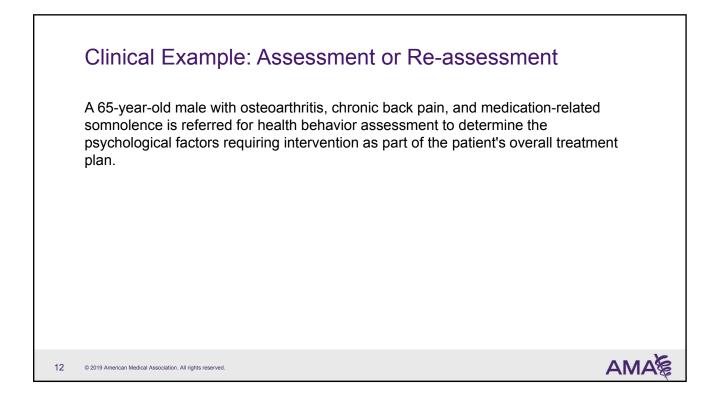
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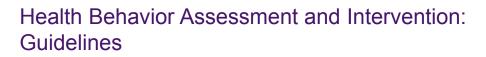


	Deleted Codes: 96150 (Assessment), 96151 (Re- assessment)	
	96150 Health and behavior assessment (eg, health-focused clinical interview, behavioral observations, psychophysiological monitoring, health-oriented questionnaires) each 15 minutes face-to-face with the patient; initial assessment	
	96151 re-assessment	
	▶(96150, 96151, 96152 have been deleted. To report, see 96156, 96158, 96159)	
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Initi	Health & Behavior Initial Assessment and Re-Assessment		Health Behavior Assessment or Re-Assessment			
2019 CPT® Code	2019 CPT Descriptor	2020 CPT [®] Code 2020 CPT Descriptor				
96150	Health and behavior assessment (eg, health-focused clinical interview, behavioral observations, psychophysiological monitoring, health-oriented questionnaires), each 15 minutes face-to- face with the patient; initial assessment		Health behavior assessment, or re-assessment (ie, health-focused clinical			
96151	Health and behavior assessment (eg, health-focused clinical interview, behavioral observations, psychophysiological monitoring, health-oriented questionnaires), each 15 minutes face-to- face with the patient; re-assessment	96156	interview, behavioral observations, clinical decision making)			
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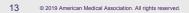


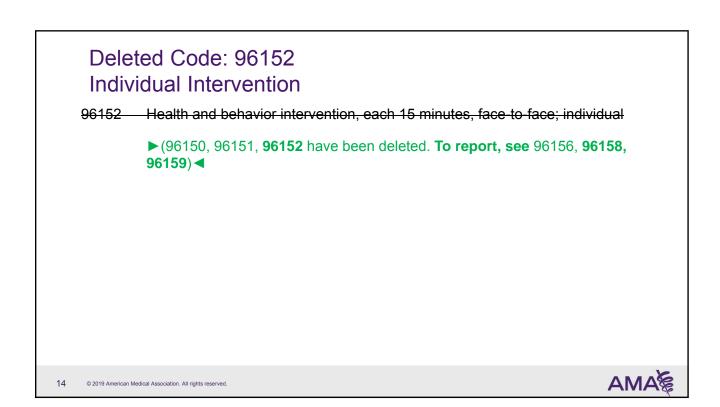




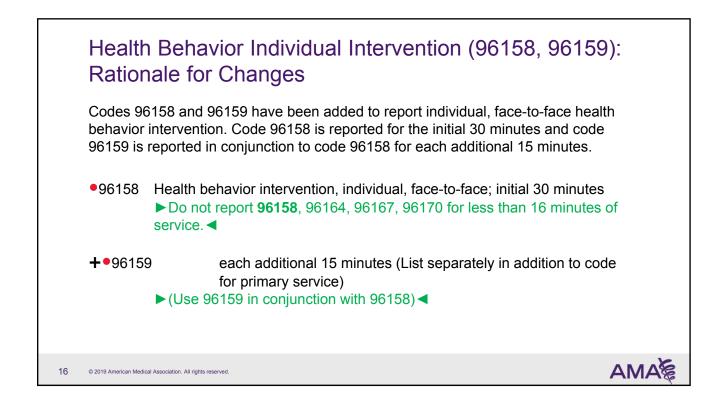
► *Health behavior <u>intervention</u>* includes promotion of functional improvement, *minimizing* psychological *and/or psychosocial* barriers to recovery, and management of and improved coping with medical conditions. These services emphasize active patient/family engagement and involvement. These interventions may be provided individually, to a group (two or more patients), and/or to the family, with or without the patient present.

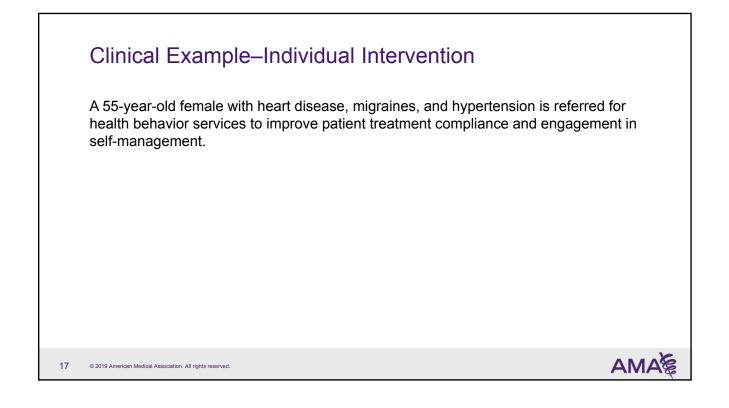
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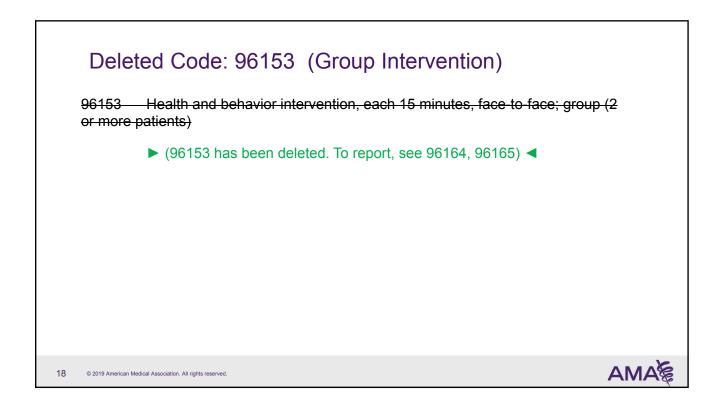




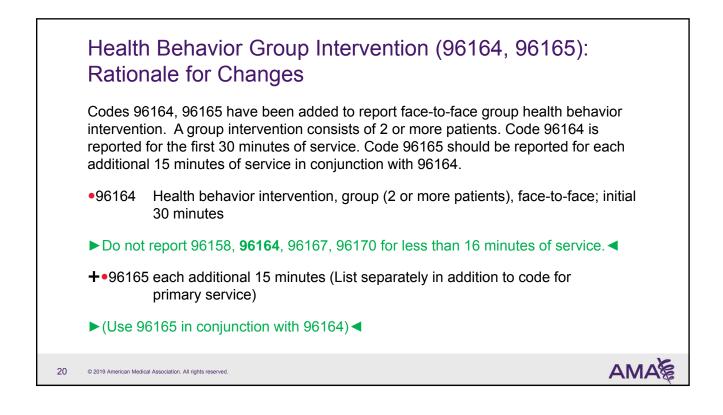
	Health & Behavior Individual Intervention	Health Behavior Individual Intervention			
2019 CPT® Code	2019 CPT [®] Descriptor	2020 2020 CPT® Descriptor			
96152	Health and behavior intervention, each	96158	Health behavior intervention, individual, face-to-face; initial 30 minutes		
50152	15 minutes, face-to-face; individual	+ 96159	Health behavior intervention, individual, face-to-face; each additional 15 minutes (List separately in addition to code for primary service)		
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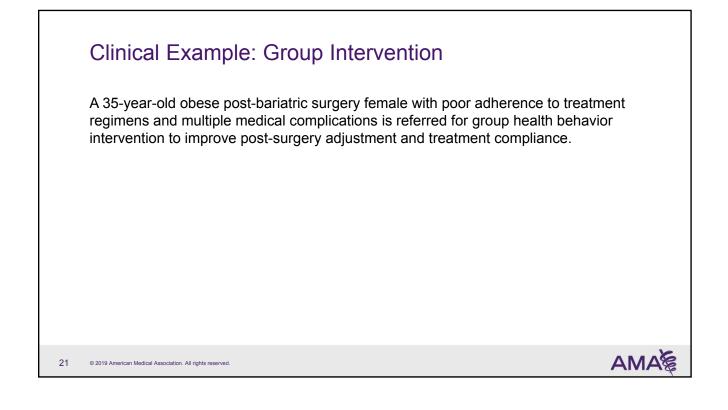


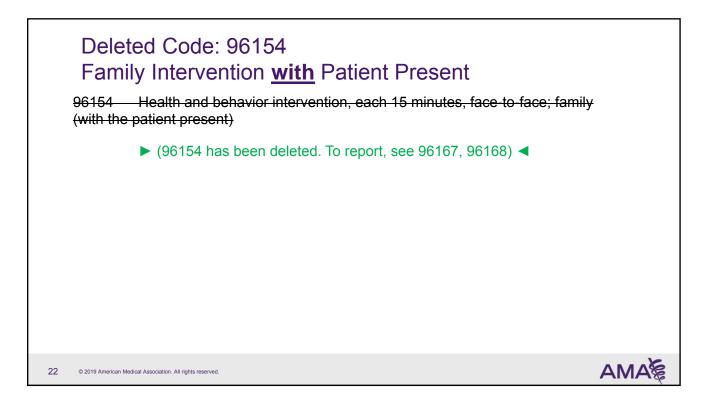




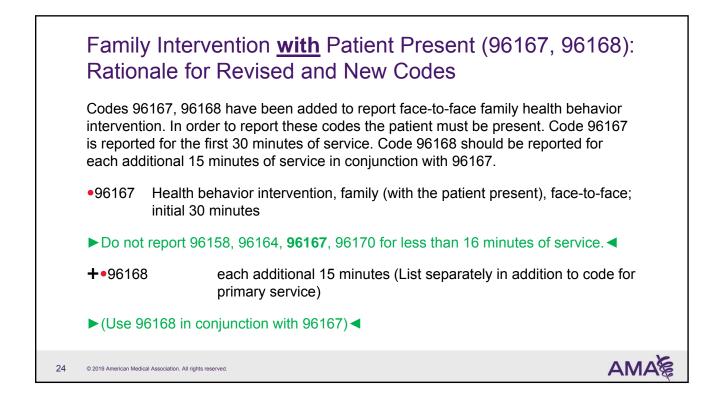
	Health & Behavior Group Intervention	Health Behavior Group Intervention			
2019 CPT® Code	2019 CPT Descriptor	2020 CPT® Code 2020 CPT Descriptor			
96152	Health and behavior intervention,	96164	Health behavior intervention, group (2 or more patients), face-to-face; initial 30 minutes		
50133	96153 each 15 minutes, face-to-face; group (2 or more patients)	+ 96165	Health behavior intervention, group (2 or more patients), face-to-face; each additional 15 minutes (List separately in addition to code for primary service)		
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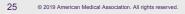


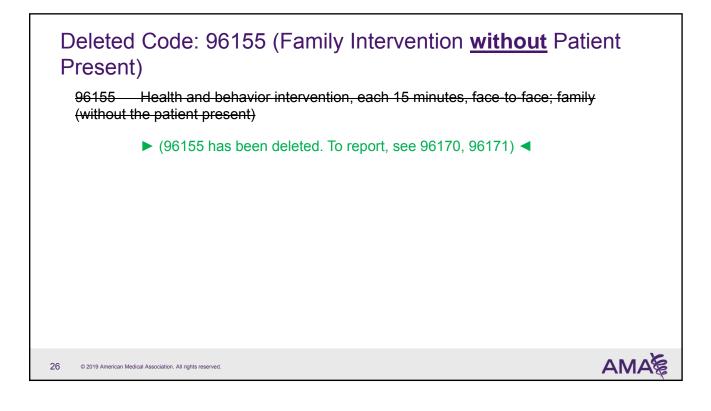
Неа	Ith & Behavior Family Intervention <u>WITH</u> Patient Present	Health Behavior Family Intervention <u>WITH</u> Patient Present		
2019 CPT® Code	2019 CPT [®] Descriptor	2020 CPT® Code	2020 CPT [®] Descriptor	
96154	Health and behavior intervention, each 15 minutes, face-to-face; family	96167	Health behavior intervention, family (with the patient present), face-to- face; initial 30 minutes	
50134	(with the patient present)	+ 96168	Health behavior intervention, family (with the patient present), face-to- face; each additional 15 minutes (List separately in addition to code for primary service)	
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Clinical Example: Family Intervention <u>with</u> Patient Present

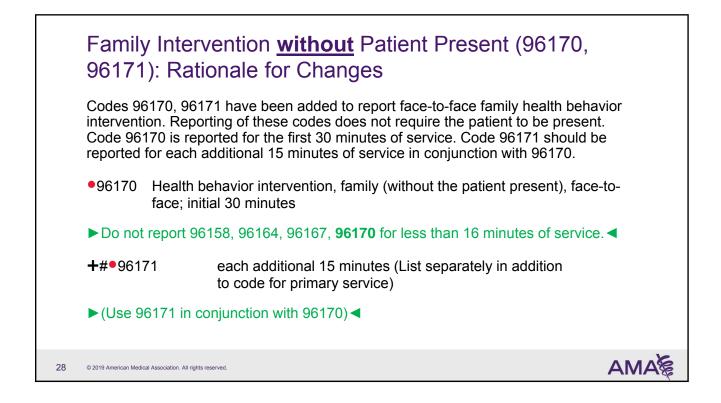
A 36-year-old married female diagnosed with breast cancer and undergoing aggressive chemotherapy and radiation therapy with poor adherence to treatment regimens and multiple medical complications is referred for family intervention to improve patient adjustment to the diagnosis and compliance with the patient's management and treatment plan.

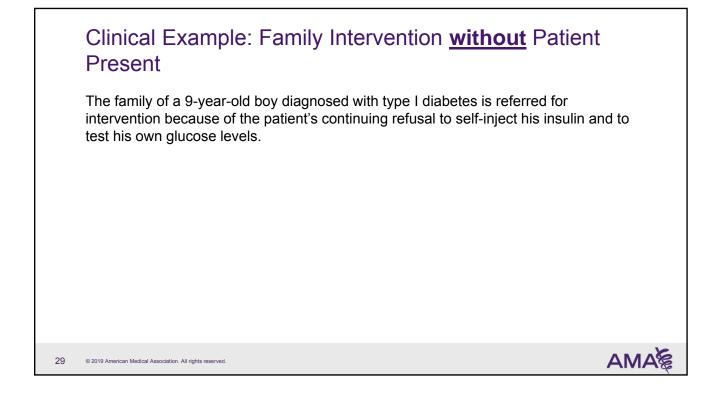


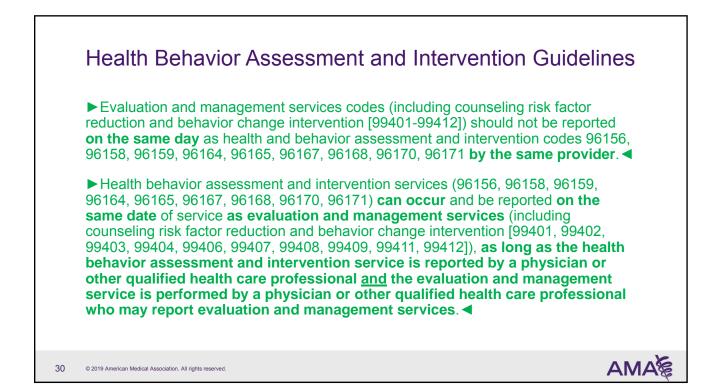


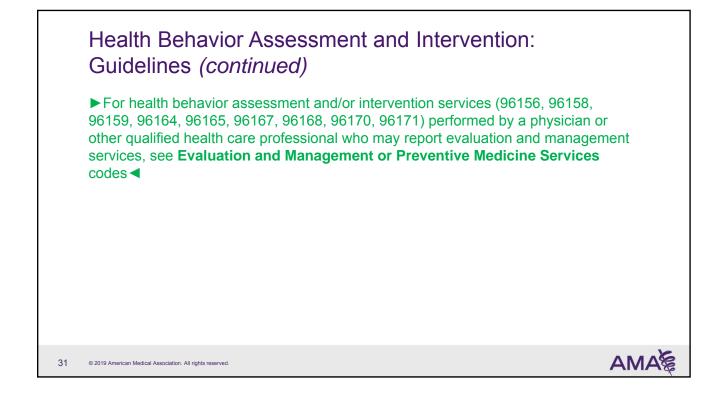
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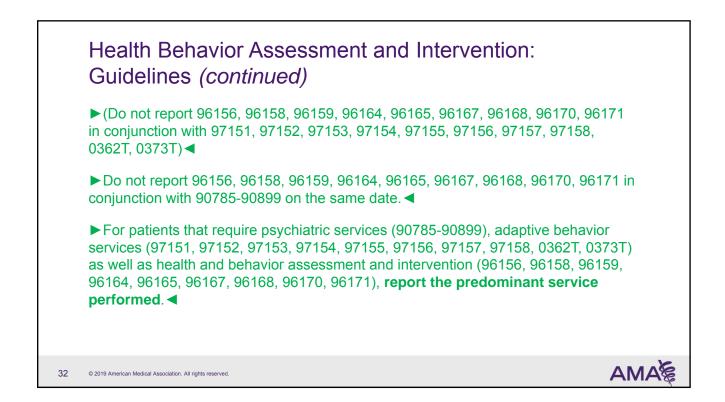
Неа	Ith & Behavior Family Intervention <u>WITHOUT</u> Patient Present	Health Behavior Family Intervention <u>WITHOUT</u> Patient Present		
2019 CPT® Code	2019 CPT [®] Descriptor	2020 CPT® Code	2020 CPT [®] Descriptor	
96155	Health and behavior intervention, each 15 minutes, face-to-face; family	96170	Health behavior intervention, family (without the patient present), face-to- face; initial 30 minutes	
50155	(without the patient present)	+ 96171	Health behavior intervention, family (without the patient present), face-to- face; each additional 15 minutes (List separately in addition to code for primary service)	
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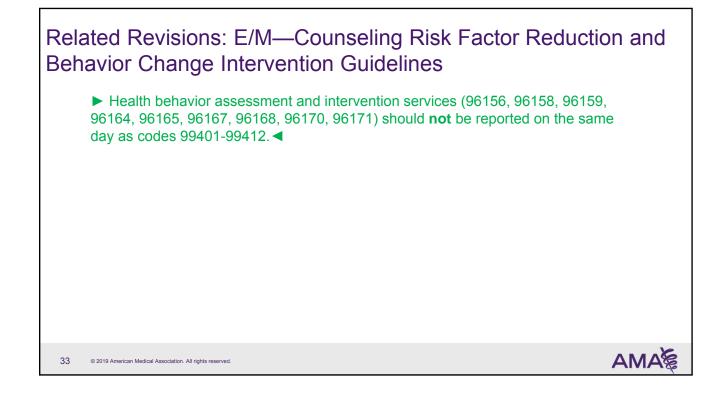


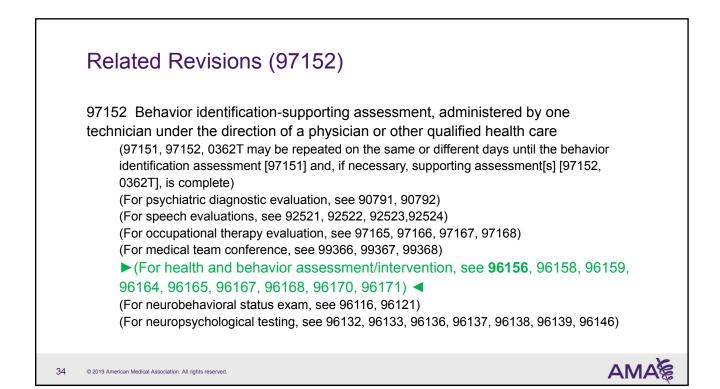


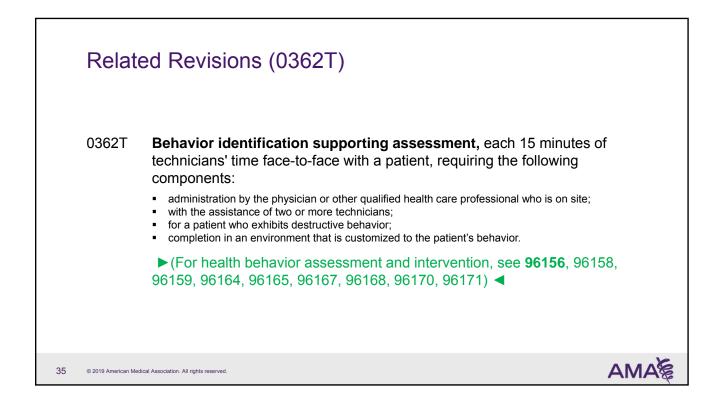


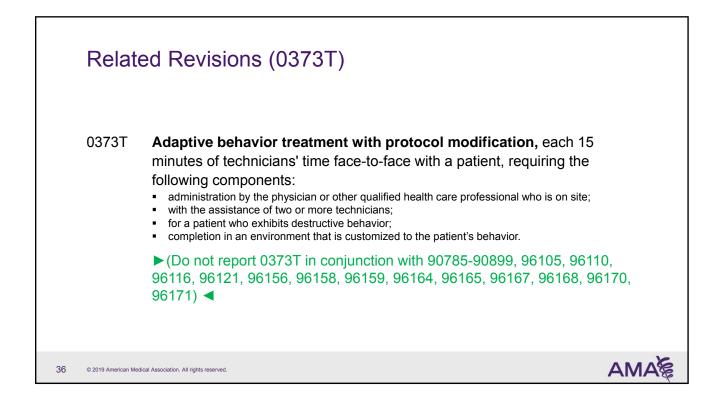












	Related Revisions
	Education and Training for Patient Self-Management
	(For medical nutrition therapy, see 97802-97804)
	► (For health behavior assessment and intervention that is not part of a standardized curriculum, see 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171)
	(For education provided as genetic counseling services, use 96040. For education to a group regarding genetic risks, see 98961, 98962)
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RUC Recommendations 2020: Health Behavior Assessment and Intervention

CPT Code	Description	Current wRVU	RUC Rec. wRVU	Final CMS wRVU
96156	Assessment/reassessment	N/A	2.10	2.10
96158	Individual Intervention, first 30	N/A	1.45	1.45
96159	each additional 15	N/A	0.50	0.50
96164	Group intervention, first 30 minutes	N/A	0.21	0.21
96165	each additional 15 minutes	N/A	0.10	0.10

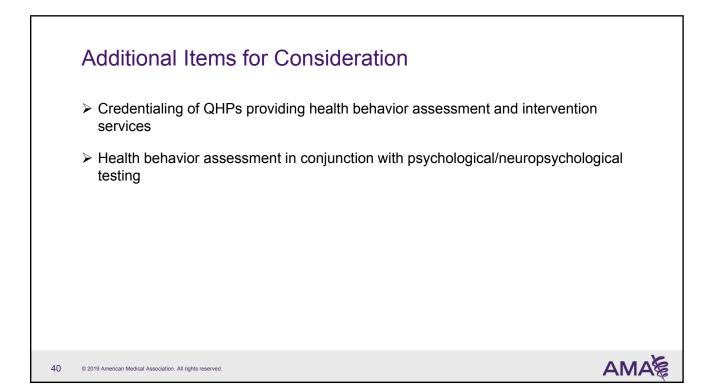


RUC Recommendations 2020: Health Behavior Assessment and Intervention

Description	Current wRVU	RUC Rec. wRVU	Final CMS wRVU
Family Intervention w/ patient, first 30 mins	N/A	1.55	1.55
each additional 15	N/A	0.55	0.55
Family Intervention w/o patient, first 30 mins	N/A	1.50	1.50
each additional 15	N/A	0.54	0.54
	Family Intervention w/ patient, first 30 mins each additional 15 Family Intervention w/o patient, first 30 mins	Family Intervention w/ patient, first 30 minsN/Aeach additional 15N/AFamily Intervention w/o patient, first 30 minsN/A	Family Intervention w/ patient, first 30 minsN/A1.55each additional 15N/A0.55Family Intervention w/o patient, first 30 minsN/A1.50

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Adaptive Behavior Treatment (97153-97158): Rationale for Changes

> The parenthetical notes following codes 97158 have been revised to reflect:

- ✓ The deletion of codes 96150-96155, 97127
- ✓ The addition of codes 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171, and 97129.

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