



## Support When You Need It Most

### **FOCUSED CARE MANAGEMENT**

Coping with an illness or hospitalization can be overwhelming for you and your family. You may be flooded with information, confused by the questions and exhausted from the process. It's not easy to tackle it by yourself.

#### **Care managers are here to help.**

Care managers act as an advocate to help you get the services you need. The service is free, voluntary and confidential.

877-709-6822 | [lucethealth.com](https://lucethealth.com)



To request a care manager,  
**call 877-709-6822**  
any time of day or night.

### **What are the benefits of care management services?**

Care managers work with you to make complex situations simpler. They listen to you, find out what you care about and work with you to develop a plan to get you back on your feet.

One way they do this is by helping you obtain transportation, medication and services you may need to achieve your health goals. Care managers will work directly with your healthcare providers to create a care plan that's best for you.

This FREE benefit is offered through your health insurance plan.

### **Services we can provide**

Lucet care managers work with you and your healthcare providers to:

- Develop a plan that meets your needs and personal goals
- Coordinate services so you gain independence and personal growth
- Assist during a crisis and prevent future problems
- Help you gain access to community resources
- Keep an eye on your ongoing behavioral, physical and support needs
- Involve your family and peers, if you choose